

## Session 11: "When You Say Nothing At All"

**Aim:** : To understand that we can communicate with God without words or thought and experience the presence of God through inner silence.

### Big Group Activity

#### 1: Trivia- Warm-up (20mins)

This is a 12 question Trivia aimed to increase participants' knowledge about WYD, our itinerary and Spanish culture in general. Participants are to provide answers in their sub-group, and answers are revealed after each question. Questions are in the attached PowerPoint document.

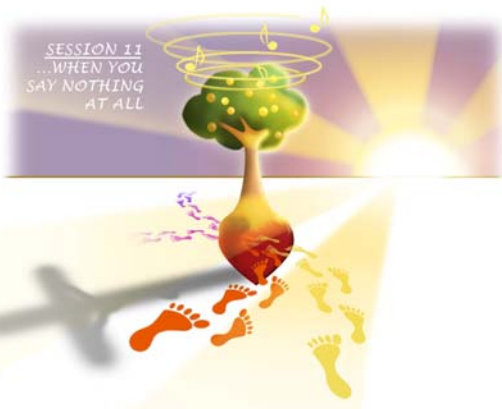
#### 2: The Sound of Sheer Silence - Reflective PowerPoint (15mins)

This is a reflection part with quotes on silence from interview with Br Nihal, from the Taize Website and quotes from the short clip "Silence" – Rob Bell [Nooma]. This PowerPoint is to be played in silence.

#### 3: 'U' n 'I' - The Jesus presence activity (5mins)

This is a short activity that leads on from the silent reflection. Participants are encouraged to close their eyes and imagine Jesus in front of them now, neither Jesus nor they are speaking. The only aim of the activity is to feel His presence.

**Scripture:** "As a child lies quietly in its mother's arms, so my heart is quiet within me." – Ps 131



### Small Group Activity:

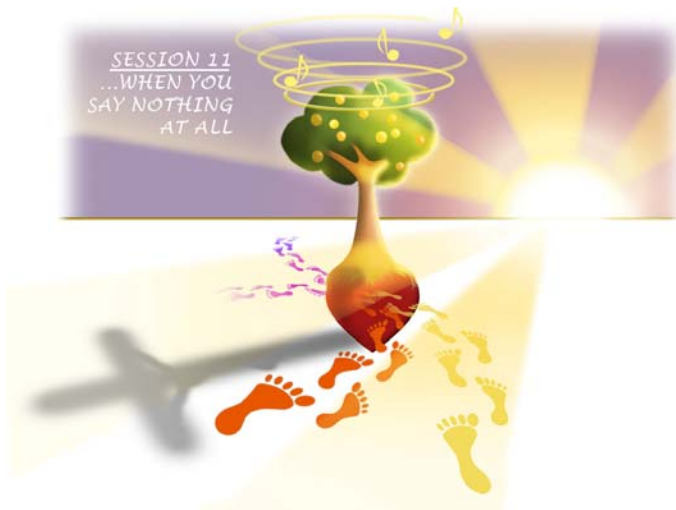
1. Using the Examen as a way to share upon the participant's day and reflection on practicing the Examen in the last two weeks
2. Reflection on the silence quotes
3. How did it feel to be only in the presence of the Lord without speaking in words

### Tools of the Journey: Eucharist Adoration

*Introduction to Eucharist Adoration and why it is held during the WYD Vigil. It is explained in relation to being in the presence of the Lord with the absence of words/thoughts, closely related to the 'U'n 'I' activity.*

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### **World of World Youth Day – Chinese Facebook Page for WYD**

*To raise awareness of participants on WYD preparation around the world*

Ya-Chen Chuang a Taiwanese working at the headquarters of the WYD Organizing Committee has been administering the Facebook page in Mandarin Chinese for all the pilgrims from HK, Macao, Taiwan and China to be updated with latest WYD news.

In addition, she also taught the WYD committee Chinese to encourage more pilgrims from her home country. Let us be reminded there are people who are working very hard to make it possible for pilgrims all over the world to attend this WYD.

### **Song**

#### **When you Say nothing at All**

**Ronan Keating**

It's amazing how you can speak  
Right to my heart  
Without saying a word,  
You can light up the dark  
Try as I may I could never explain  
What I hear when  
You don't say a thing

[CHORUS:]

The smile on your face  
Lets me know that you need me  
There's a truth in your eyes  
Saying you'll never leave me  
The touch of your hand says  
You'll catch me whenever I fall  
You say it best  
When you say nothing at all

All day long I can hear people  
Talking out loud  
But when you hold me near  
You drown out the crowd  
Try as they may they could never define  
What's been said  
Between your heart and mine

[CHORUS:]

The smile on your face  
Lets me know that you need me  
There's a truth in your eyes  
Saying you'll never leave me  
The touch of your hand says  
You'll catch me whenever I fall  
You say it best  
When you say nothing at all

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**Scripture:** *“As a child lies quietly in its mother’s arms, so my heart is quiet within me.” – Ps 131*

**Song:** When You Say Nothing At All

### **Big Group Activity**

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**Tools of the Journey:** Introduction to Eucharist Adoration and why it is held during the WYD Vigil. It is explained in relation to being in the presence of the Lord with the absence of words/thoughts, closely related to the ‘U’ n ‘I’ activity.

----- **break**-----

### **Small Group Discussion:**

1. Using the Examen from last session as a way to share upon the participant’s day and reflection on practicing the Examen in the last two weeks
2. Reflection on the silence quotes
3. How did it feel to be only in the presence of the Lord without speaking in words

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**Closing Prayer:** Silent Prayer in a group. Participants are encouraged to join hands, remain in silence and pray for one another’s intentions.