

## Session 7: "Me the Saint"

*Aim: To draw day to day parallel between the journey of saints and our own journey towards sainthood. To provide an opportunity for participants to recognize saints as role models for living out the Christian faith in the modern world.*

**Scripture:** "If you belonged to the world, it would love you as its own. As it is, you do not belong to the world, but I have chosen you out of the world!" John 15:18



### Big Group Activity

#### 1. Game – Myth Buster of Saints

Participants are to play this game together with their small discussion group members. 10 multiple choice questions will be asked and each group has to answer together accordingly. Groups are then to cross mark each other's answer sheet as the answers are revealed by the facilitator after the game. (Refer to Attachment 2 for questions)

*Debrief: This game allows participants to recognize Saints as human beings who faced different stages of life and challenges just like any one of us. The facilitator is encouraged to explain the reason behind this activity as they reveal the answers and draw participants' attention to the human aspect of the Saints.*

#### 2. Reflection – Reflect a Saint

*This section is aimed for participants to understand how they can practically use Saints as their role models and look up to them to help them on their life's journey.*

Excerpts of letters written by Mr Teresa from the book *Come be my Light – The Private Writings of the Saint of Calcutta* have been chosen for reflection. As participants mediate on 6 quotes representing different stages of Mr Teresa's life, they are encouraged to reflect on how their struggles connect with hers, what inspiration she may give, and where they are at on their journey to sainthood.

### Small Group Activity:

#### 1. Warm up activity - 1 Minute Stardom

Each person in the group is given a minute to talk, other members must keep quiet and cannot interrupt. The person may share about anything happening in their life or answer the question 'how are you' for 1 minute.

#### 2. Discussion questions:

In relation to the suggested reflection questions on the quotes from Mr. Teresa

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### Song: Amigo Para Siempre (C major)

I don't have to say  
A word to you  
You seem to know  
Whatever mood  
I'm going through  
Feels as though  
I've known you forever

You  
Can look into my eyes and see  
The way I feel  
And how  
The world is treating me  
Maybe I have known you forever

Amigos para siempre  
Means you'll always be my friend  
Amics per sempre  
Means a love that cannot end  
Friends for life  
Not just a summer or a spring  
Amigos para siempre

I feel you near me  
Even when we are apart  
Just knowing you are in this world  
Can warm my heart  
Friends for life  
Not just a summer or a spring  
Amigos para siempre

### The world of World Youth Day

WYD is a universal church event. This 'newsflash' section aims to raise awareness of WYD preparation around the world, outside of our local churches. More info at <http://www.madrid11.com/en/news>

- Universal Rosary in many languages
- WYD is environmentally friendly – and has its own 'green' logo

### Prayer: Litany of the Saints

St. Rosa of Lima	Pray for us
St. Ignatius of Loyola	Pray for us
St. John of the Cross	Pray for us
St. Francis Xavier	Pray for us
St. John of Avila	Pray for us
St. Teresa of Avila	Pray for us
St. Rafael Arnaiz	Pray for us
St. Mary of the Head	Pray for us
St. Isidore the Worker	Pray for us

### Tools of the Journey:

#### Learning Our Father in Spanish

Padre Nuestro,  
que estás en el cielo.  
Santificado sea tu nombre.  
Venga tu reino.  
Hágase tu voluntad en la tierra como en el cielo.  
Danos hoy nuestro pan de cada día.  
Perdona nuestras ofensas,  
como también nosotros perdonamos a los que nos ofenden.  
No nos dejes caer en tentación y libranos del mal.  
Amén.

Refer to AOY website for voice recording of the prayer by Camilo:

[http://www.cam.org.au/youth/index.php?option=com\\_content&view=category&layout=blog&id=48&Itemid=70](http://www.cam.org.au/youth/index.php?option=com_content&view=category&layout=blog&id=48&Itemid=70)

## Session 7: "Sinner to Saint"

*Aim: To draw day to day parallel between the journey of saints and our own journey towards sainthood. To provide an opportunity for participants to recognize saints as role models for living out the Christian faith in the modern world.*

Scripture: *"If you belonged to the world, it would love you as its own. As it is, you do not belong to the world, but I have chosen you out of the world!" John 15:18*

### **Introduction:**

1. Song: Amigo Para Siempre (lyrics refer to Attachment 1)
2. Introduction to course, and today's theme, welcome new comers.

### **Big Group Activity:**

#### Game- ***Mythbuster of Saints***

Participants are to play this game together with their small discussion group members. 10 multiple questions will be asked and each group has to answer together accordingly. Groups are then to cross mark each other's answer sheet as the answers are revealed by the facilitator after the game. (Refer to Session 7 PowerPoint for questions)

*Meaning of game: To shatter the common myth about Saints, i.e. they must be holy their whole life, they never sin, they always have a clear vision of God's calling etc. This game allows participants to recognize Saints as human beings who faced different stages of life just like any one of us. The facilitator is encouraged to explain the reason behind this activity as they reveal the answers and draw participants' attention to the human aspect of the Saints.*

#### Reflection time – ***Reflect a Saint***

*This section is aimed for participants to understand how they can practically use Saints as their role models and look up to them to help them on their life's journey.*

Excerpts of letters written by Mr Teresa from the book *✓ Come be my Light – The Private Writings of the Saint of Calcutta* have been chosen for reflection. As participants mediate on quotes representing different stages of Mr Teresa's life, they are encouraged to reflect on how their struggles connect with hers, what inspiration she may give, and where they are at on their journey to sainthood. (Refer to Session 7 PowerPoint slides for quotes and reflection questions)

### **Small Group Activity:**

#### Discussion

Discussion is to be based on the reflection question in reference to Mr. Teresa's quotes and life, and how it relates to the participants journey to sainthood.

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### **The 'World' of World Youth Day:**

*This section is newly introduced; it aims to increase the awareness of participants in what is happening around WYD in other parts of the world in a snap shot. This helps to appraise the "World" element of WYD, bringing focus to obtain a worldly view of the preparation work rather than focussing only on journey of individual participants. All information will be obtained from the WYD Madrid11 Official Website.*

News Report Intro music (<http://www.youtube.com/watch?v=ILYuwpbaVe8&feature=related>)

1. *Universal Rosary*
2. *Green sustainability logo*

### **Tools of the Journey:** Learning Spanish (the Lord's Prayer)

The Lord's Prayer will be broken up into sections to learn depending on the number of participants. Each participant will focus on learning their part/line of the Lord's Prayer. During prayer time, each participant is to say their part to form the whole Lord's Prayer as a group. (Refer to Attachment 3 for Prayer in Spanish)

Recorded Spanish version of The Lord's Prayer is available at [www.cam.org.au/youth/index.php?option=com\\_content&view=category&layout=blog&id=48&Itemid=70](http://www.cam.org.au/youth/index.php?option=com_content&view=category&layout=blog&id=48&Itemid=70)

### **Conclude:**

1. Song – Amigo Para Siempre
2. Prayer – Litany of the Saints (refer to attachment 2)  
Facilitator is suggested to give a brief introduction to what is Litany of the Saints and who are the saints that have been included

### **Attachment 1 – Amigo Para Siempre (C major)**

I don't have to say  
A word to you  
You seem to know  
Whatever mood  
I'm going through  
Feels as though  
I've known you forever

You  
Can look into my eyes and see  
The way I feel  
And how  
The world is treating me  
Maybe I have known you forever

Amigos para siempre  
Means you'll always be my friend  
Amics per sempre  
Means a love that cannot end  
Friends for life  
Not just a summer or a spring  
Amigos para siempre

I feel you near me  
Even when we are apart  
Just knowing you are in this world  
Can warm my heart  
Friends for life  
Not just a summer or a spring  
Amigos para siempre

**Attachment 2 – Litany of the Saints**

St. Rosa of Lima	Pray for us
St. Ignatius of Loyola	Pray for us
St. John of the Cross	Pray for us
St. Francis Xavier	Pray for us
St. John of Avila	Pray for us
St. Teresa of Avila	Pray for us
St. Rafael Arnaiz	Pray for us
St. Mary of the Head	Pray for us
St. Isidore the Worker	Pray for us

### **Attachment 3 – The Lord’s Prayer**

**Padre Nuestro,**

Our Father

**que estás en el cielo.**

Who art in Heaven

**Santificado sea tu Nombre.**

Hallowed be thy name

**Venga tu reino.**

Thy kingdom come

**Hágase tu voluntad en la tierra como en el cielo.**

Thy will be done, On earth as it is in heaven

**Danos hoy el pan de este día.**

Give us this day, our daily bread

**y perdona nuestras ofensas,**

And forgive us our trespasses

**como nosotros perdonamos nuestros deudores.**

As we forgive those who trespass against us

**y no nos dejes caer en al tentación**

And lead us not into temptation

**Sino que libranos del malo.**

But deliver us from evil

**Amén.**